

HEART-TO-HEART

We are reminded that Christ is in our hearts and we are in His and that love connects us all in unity.

*“May my meditation be
pleasing to him, as I rejoice
in the LORD.”*

Psalms 104:34



Prayer & Meditation

Prayer is the most powerful tool that we have as believers in Christ. God answers all prayers. Sometimes it's an immediate answer, sometimes we have to wait for the answer, sometimes it's what we asked for, and sometimes it's what we didn't ask for.

One prayer that was answered was our request for a new pastor. Jason Oshiro is our new Assistant Pastor and on his way to becoming our Lead Pastor. So we know prayer works.

Someone once said that “Prayer is when you talk to God. Meditation is when God talks to you.” This is why we often hear “prayer” and “meditation” together as things we should do. We may be good with prayer, but how about meditation? We don't like when people are a running monologue in what is supposed to be a conversation. Pretty sure that God gets tired of it, too.

Let's practice prayer and meditation together daily to let God know stuff from our side and to also hear what He has to say.

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The Lost Phone

by Linda Kunimitsu

A few weeks ago we were invited to a graduation party by a close relative. Our son, Alden, and grandson, Shane, accompanied us to the party. Shane was home for the summer from college and enjoyed driving our truck. He got into the driver's seat after helping Grandpa get seated. It's always nice to be pampered by our grandchildren.

In the middle of the graduation festivities, I suddenly realized I did not have my phone. Huh? After a small panic attack, I ventured out to the truck to see if it had dropped out of my purse. It was nowhere to be seen, inside or outside of the truck. Now, what?

Calm down, I told myself, mentally retracing my steps. Jesus, help me, I whispered. Then I truly did panic! I remembered that I had gone to the back of the garage to make sure husband Nori's walker was in the bed of the truck and had put the phone on the bumper. It must have still been there when we drove off. I immediately prayed that it had fallen off in the garage. If it had fallen on busy Komo Mai Dr, it would be smashed to smithereens by now.

When I returned to the party, I explained to the three members of my family what I had done—left it on the bumper of the truck. They shook their heads. Shane wasn't very encouraging. "It's gone, Grandma," he said.

We left the party as soon as we could. As we neared our home, I told Shane to go slow so he doesn't run over my phone. He again said, "I don't think it's there, Grandma." I said, "I prayed. Jesus took care of it. It's there." Mentally I was saying to myself, "You can't please God without faith. Have faith, Linda."

I then heard son Alden say, "It's there!" He was in the front passenger seat. "It's on the side of the driveway, right by the pine bush."

Jesus is my Lord and Savior in more ways than one!!!! The phone was intact and waiting for me to pick it up. It was a little warm from the setting sun but otherwise unharmed.

Yes, Jesus and faith in Him is all we need!



"Ask and it will be given to you; seek and you will find; knock and the door will be opened to you."


Matthew 7:7

Mix-Matched Dilemma

by Joan Doi

The big day had finally arrived! After weeks of practice on makeshift drums and having to replace numerous broken Hachis (drum sticks), four of our grandsons were ready for their taiko performance at the Mamiya Theater at Saint Louis High School. It was a busy day with my having to ready their great-grandma (my mom) for the trip into town from Pearl City. After giving her an early bath and a hurried meal, I dressed her, making sure I had her proper shoes, cane, sweater and a purse (which she really didn't need) for the trip. I helped her into the car, put her seat belt on, and breathed a sigh of relief. We were on time! As Ken pulled out of the garage, I reached for my seat belt and noticed the rubba slippahs I was still wearing. Oh no! I yelled out, "STOP!" To Ken. Running back into the house, I grabbed a pair of black shoes from the closet, carried it in haste to the car and breathed a sigh of relief once again...only to find that I had grabbed two black mix-matched shoes with different heel lengths. Too late to turn back 😞. My only hope was that it would be semi-dark upon arrival and no one would notice. However, walking to and from the theater, it was obvious that the older lady with the cane walked with a smoother rhythm than the younger one (me) limping by her side.

The boys gave a memorable performance, never missing a beat 👍. As for me, I found walking with different heel lengths made for a rhythmic pattern much like taiko; only this performance left much to be desired 😞.



I'm sure all of us can recall an incident or experience that conjured up a smile, a chuckle or a teary-eyed laugh 😊. I'm willing to bet seniors have more than their share, having lived long enough to accumulate them; and, in their present status, continue to make them, giving rise to the term "senior moments".

*These senior moments may have a negative connotation, but they also provide nourishment for developing a "sixth sense." As our sense of sight, hearing, touch, taste and smell (better known as the five senses) begin to diminish in our twilight years, God has graciously provided us with a sixth sense...a **Sense of Humor**. It is truly a gift that lifts the soul even in supposedly negative situations. It develops an attitude of gratitude that a particular situation could have been worse but wasn't. It helps us to count our blessings rather than our trials. A sense of humor is medicine for the soul. "A cheerful heart is good medicine, but a crushed spirit dries up the bones." (Proverbs 17:22).*

So, consider sharing your senior or pre-senior moments with "Heart to Heart" and grace a face with a smile 😊.

-Joan Doi



"One shoe can change your life."

CINDERELLA



God's Word - On the Go!

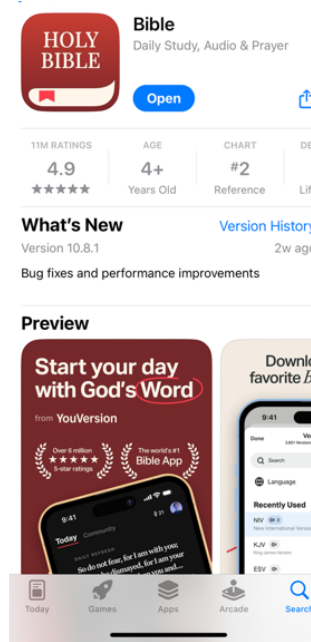
Did you know that there is a Bible app that has many different Bible translations to choose from, devotional topics, videos, teaching clips, and more? Search on your mobile device for “bible app you version” - you'll know it's the right one if it looks like the picture on the right. It's great having the Bible conveniently on your phone or tablet, and being able to switch to different translations to get a better understanding of God's word.

Here's a sample of Luke 11:28:

- New International Version (NIV) “He replied, “Blessed rather are those who hear the word of God and obey it.”
- Hawaii Pidgin Bible (HPB) “But Jesus tell, ‘Da peopo dat hear wat God tell um fo do, and do um, dey da ones dat stay real good inside!’”

Yes, pidgin! And there's audio, so if you prefer, you can hear the Bible read in our native language (pidgin). LOL

Check it out - there's a lot of good stuff for everyone on this app.



“The Bible is meant to be bread for daily use, not cake for special occasions.”

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