



Date 09/12/2021

Prayer: How to be Effective in Prayer
Being a House of Prayer for All Nations

Guided Prayer Time – A.C.T.S.S

Adoration

Take a few minutes to praise God for His character

- Holiness, greatness, power, glory, majesty, splendor, perfection, worthiness, purity, beauty, transcendence.
- Creator, sustainer, omnipresence, omnipotence, omniscience.
- Giver of all good, all grace, honor, wealth,
- Love, compassion, mercy, forgiveness, eternal life.
- Presence & fellowship

Confession

Honestly admit things that aren't right in you and the world.

- Sins the “Church” has committed
- Bitterness and grudges
- Fears, insecurities, anxieties
- Persistent guilty conscience
- Sins of our world, nation, forgive our sin, heal our land.
- Anger, division, and perplexity over covid, politics, natural disasters.

Thanksgiving

Thank God for a few of His countless blessings.

- Blessings, mercy, forgiveness, provisions, security, Jesus' love ...
- Things that work and went "right" (car, arms, weather, air ...)
- How you are better because things went "wrong."
- Strength and grace through trials.
- His Sovereignty over His creation.

Supplication

Petition God in Full Honesty and Full Surrender

- Spirit of Unity in Christ's church.
- Purify us, transform us, perfect us, strengthen us, humble us.
- Sunday School students
 - preservation of spiritual fruit, protect them by Your truth.
 - God to carry on His work to completion.
- Outreach
 - Worship services, online presence
 - Small groups & Bible Studies
 - Waipahu Safe Haven's work, Barbara Tom
- Loved ones to come to know Jesus.
- Health, finances, relationships...
- World situations, government leaders...

Stillness

For a few minutes actively "let go and let God."

- Read a few of these scriptures:
 - **Jeremiah 32:17** - Sovereign LORD, you have created the heavens and the earth with your great power and outstretched arm. Is there anything too hard for you?
 - **Psalms 41:10** - Be still, and know that I am God.
 - **Isaiah 40:11** - He tends his flock like a shepherd: He gathers the lambs in his arms and carries them close to his heart...

- **Psalm 131:2** - But I have calmed and quieted myself, I am like a weaned child with its mother; like a weaned child I am content.
- **Isaiah 30:15** - In repentance and rest is your salvation, in quietness and trust is your strength...
- **Psalm 4:4** - ...search your hearts and be silent.
- **Matthew 6:25** - ...do not worry about your life, what you will eat or drink; or about your body, what you will wear.
- **1 Peter 5:7** - Cast all your anxieties on Him.